

Pius X Wrestling Camps Summer 2009

Camps	Description	deadline	Dates	Cost
UNO Summer League Omaha Sapp Field House Signup On your own	Technique Camp and <i>Competition</i> Commuter only On your own	May 30 th Online	Wednesdays in June 3 rd ,10 th ,17 th ,24 th	\$60 5-9 guys \$50 10 or more \$45
<u>Pius X Wrestling Camp</u> <u>Grades7th-12th</u> <u>No signup, just show up</u>	<u>Team Camp</u>	<u>No signup, just</u> <u>show up</u>	<u>June</u> <u>15th,16th</u> <u>6-8pm</u>	<u>free</u>
<u>Iowa State</u> <u>Technique Camp</u>	<u>All JV or Varsity and or</u> <u>freshmen Technique</u> <u>Camp</u> <u>Live in only</u>	<u>Sign up online</u>	<u>June 17th -</u> <u>21st</u>	<u>\$415 live in</u> <u>Only</u> <u>Plus</u> <u>travel?</u>
<u>Pius X Wrestling Camp</u> <u>Grades7th-12th</u> <u>No signup, just show up</u>	<u>Team Camp</u>	<u>No signup, just</u> <u>show up</u>	<u>July 7th,8th</u> <u>6-8pm</u>	<u>free</u>
<u>UNL Technique and/or</u> <u>takedown Camp</u> <u>7th -12th grade</u>	<u>All JV or Varsity</u> <u>Takedown Camp</u> <u>Commuter or Live in</u>	<u>Sign up on your</u> <u>own!</u>	<u>July 9th-12th</u> <u>And/or</u> <u>July 16th -</u> <u>19th</u>	<u>\$195</u> <u>commuter</u> <u>or</u> <u>\$245 live</u> <u>in</u>
Pius X Wrestling Camp Grades K-8th grade	Technique Camp	<i>Register at the door</i>	July 13 th ,14 th ,15 th 6-8pm	Free for 7- 8th grade \$30.00 for K-6
Waverly one day Camp Signup On your own	Technique Camp		July 17th ^t	\$25.00
Cornhusker State Games Signup On your own	Competition	Online by June 22th Late fee \$5 by June 27th	July 18th &19th	\$22 first event \$10 each additional event
CEWA Wrestling Club Nebr. Wrestling Room	<i>Fall Sessions</i>	<i>online</i>	Oct. 22nd-Nov. 9th	\$60
Fall Conditioning and Lifting	All wrestlers not out for football or Cross Country		Sept14th- Nov.14th	0.00

The above camps are available to any of our wrestlers this summer. I do not expect every wrestler to attend every camp, I simply wanted to give you as many options as possible. The camps that I have underlined are camps that I really want our Varsity and JV guys to attend, and you must attend one camp (PiusX, IowaState or UNL). I will attend the Iowa State camp and transportation to all camps is on your own (Except IowaState), car pooling is suggested and I will have information on all of the camps on my desk in the wrestling room. Please let me know if you have questions. Please return only Iowa State or UNL camp forms to the Pius X office with a check by the deadline.

Email me your summer workouts or if you need one I will send you one. email to

Jerry.Clinch@PiusX.net

Jerry Clinch Home and Office 430-3114 website and calendar www.thunderboltwrestling.info